

**UNITED STATES DISTRICT COURT
NORTHERN DISTRICT OF ILLINOIS
WESTERN DIVISION**



**ALTERNATIVE DISPUTE
RESOLUTION PLAN**

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OPPORTUNITIES FOR ALTERNATIVE DISPUTE RESOLUTION

This court exists to help parties resolve their disputes as fairly, quickly, and efficiently as possible. The court will guide your case through the discovery process to trial as rapidly as possible. This is our job and we enjoy doing it. There will be some delay and some transactional costs before we can try your case. Hundreds of civil cases are filed each year in Rockford, Illinois. Because of that volume, there is, by necessity, some delay before the parties actually start a trial. Therefore, to help the parties, we offer alternatives to traditional litigation.

The court has found that, while traditional litigation can serve the parties' interests well in some situations, many cases have needs that can be better met through other procedures. Therefore, we offer you the opportunity for Alternative Dispute Resolution ("ADR") options – each of which provide different kinds of services – so that the parties can use the procedure that best fits the particular circumstances of their case.

ADR offers some advantages over formal litigation. In contrast to formal litigation, ADR procedures generally lead to resolutions that are:

- faster;
- less expensive;
- more creative; and
- tailored to the underlying interests of all the parties.

With such apparent advantages, we urge your consideration of ADR.

This handbook informs you about:

- the benefits of ADR;
- available ADR options;
- selecting an appropriate ADR process; and
- procedures used in ADR programs.

To help ensure that you make informed choices, the court requires, pursuant to ADR L.R. 3-2, that every attorney and client certify they have read this handbook and have considered the ADR options. Counsel must come to the pretrial conference prepared to discuss ADR options that may be most suitable for their case. Although there is a presumption favoring mediation, all other options should be carefully considered.

Counsel are required to certify they have communicated to the client an estimate of all fees, expenses, and costs that may be incurred if the case goes to trial. The estimate you receive

should also separately estimate what it will cost in the way of fees and expenses through to the completion of an early successful mediation. This full disclosure of estimated fees, expenses, and costs will ensure that all parties are fully and realistically informed of the potential financial burden that they will undertake if they proceed with the litigation and the corresponding benefits that an early successful mediation can yield. In addition, if you are involved in a fee shifting case, counsel must discuss with the client the advantages and disadvantages of a [Rule 68](#) offer of judgment.

The court's experience has shown that litigants who have used ADR conscientiously have saved money and time, and have obtained satisfying results. For that reason, litigants and lawyers should keep an open mind regarding the utility of ADR at all times during the course of litigation.

Please understand that the judicial officers of the Western Division of the Northern District of Illinois, located in Rockford, Illinois, will do their very best to dispense justice fairly and equitably, according to the dictates of the law and the facts before them. We simply offer ADR as an alternative route that you can take to obtain a just result as far as your claim is concerned. If you choose not to take that route, it will have no impact on your case at trial. Frequently, however, it is the litigants who are in the best position to decide what is fair; particularly when contrasted with the almost always burdensome costs that come with judicially dispensed justice. Keeping this in mind, we believe at this time you should seriously consider ADR in any of its many forms and particularly, mediation. By utilizing mediation and thereby using all of the resources that are available to you in the federal district court, you will find a high quality of justice that has been traditionally associated with the United States District Court.

HOW CAN ADR HELP MY CASE?

Most cases can benefit in some way from ADR. The various ADR processes offer different types of benefits. Each ADR process offers at least some of the following advantages over traditional litigation:

Produce Satisfying Results

After litigating a case through trial, even the winners may feel they have lost. The costs and time commitment on both sides may become enormous. Sometimes neither side is satisfied with the result and any relationship that may have existed between the parties is likely to have been severely strained.

On the other hand, ADR may:

- help settle all or part of the dispute much sooner than trial;
- permit a mutually acceptable solution that a court would not have the power to order;
- save time and money;
- preserve ongoing business or personal relationships;

- increase satisfaction with the process and outcome, and thus result in a greater likelihood of a lasting resolution; and
- afford the parties an opportunity to agree on a level of confidentiality.

Allow More Flexibility, Control, and Participation

In formal litigation, the court is limited in the procedures it must follow and the remedies it may award – and the results are often hard to predict. ADR processes are more flexible and permit parties to participate more fully and in a wider range of ways.

They afford parties more control by providing opportunities to:

- tailor the procedures used to seek a resolution;
- broaden the interests taken into consideration;
- fashion a business-driven or other creative solution that may not be available from the court;
- protect confidentiality; and
- eliminate the risks of litigation.

Enable a Better Understanding of the Case

In traditional litigation, sometimes the parties stop communicating directly. It is only after a significant amount of time, expensive discovery, or motions, that the parties understand what is really in dispute. ADR can expedite the parties' access to information. It can also improve the quality of justice by helping the parties obtain a better understanding of their case early on.

It may:

- provide an early opportunity for clients to communicate their views directly and informally;
- help parties get to the core of the case and identify the disputed issues;
- enhance the parties' understanding of the relevant law and evidence as well as the strengths and weaknesses of their positions; and
- help parties agree to exchange key information directly.

Reduce Hostility

Due to its adversarial nature, litigation sometimes increases the level of hostility between sides, which can make communication more difficult and impede chances for settlement.

In contrast, an experienced ADR mediator can:

- improve the quality and tone of communications between parties;
- decrease hostility between clients and between lawyers; and
- reduce the risk that parties will give up on settlement efforts.

When ADR may NOT be Useful

Although almost every case can benefit in some way from ADR, some select cases might be better handled without it.

These include suits in which:

- a party seeks to establish precedent;
- a dispositive motion requiring little preparation will probably succeed;
- a party needs the protections of formal litigation; or
- a party prefers that a judge preside over all processes.

Even if your dispute falls into one of these categories, you should still seriously consider trying ADR and give careful thought to selecting the most appropriate process for your case.

WHICH ADR PROCESS DOES THE COURT OFFER?

The court sponsors two major ADR processes:

1. Mediation
2. Settlement Conferences (conducted by magistrate judge or district judge)

Both of these programs are described separately in the next few pages.

Mediation is the most common and popular form of ADR. At the initial pretrial conference, the court will enter an order to mediate as part of the case management order, unless the parties and the court agree that some other form of ADR will work better, or ADR would not be useful at that time. If ADR is not appropriate at the initial pretrial conference, the court will want to know when it will be appropriate.

1. Mediation

Mediation brings the parties in a lawsuit together before a neutral mediator whom they have selected. The role of the mediator is to attempt to mediate and resolve the dispute on a mutually agreeable basis. The mediator seeks to understand the concerns and interests of the parties (often meeting with them separately at least part of the time), works to advance problem-solving approaches, encourages concession, and clarifies issues or misunderstandings. The mediator may also provide an evaluation as to the merits and value of a case. Of course, the mediator's evaluation is his or her opinion of the value of the case – nothing more. However, it should be remembered that this may be the first totally neutral assessment of the case by anyone and, therefore, deserves some weight and respect.

Mediation, honestly entered into, can save the parties money because it will put an end to fees and costs as soon as possible. The parties may enter into the mediation process at whatever stage of the case they believe would be optimal and cost effective. Mediation will also allow the parties to achieve a result for themselves that, while perhaps everything they may want, is at least

acceptable. The alternative, a court-imposed result, may be something unacceptable. Finally, mediation will put an end to delay and will give the parties an opportunity to get on with other things in their lives.

This court-offered “opportunity” bears a modest cost when compared to the cost of litigating the case. Unless otherwise agreed, each side pays one-half of the mediation fees. Therefore, a successful mediation session will invariably net the parties a considerable savings when contrasted with the estimate of fees and expenses which counsel are to provide to their clients.

2. Settlement Conferences with a District or Magistrate Judge

A settlement conference presided over by a district judge or magistrate judge currently is a commonly used ADR technique in the federal courts. [Rule 16](#) specifically authorizes judges to discuss settlement at pre-trial conferences in furtherance of active case management.

Judicial participation in settlement discussions can be important. As advocates, litigators are often reluctant to broach settlement until they have established a track record of toughness with the opposing side. The presence of a judge at the settlement conference may afford the litigants their first opportunity to communicate meaningfully. Furthermore, the judge may help the parties or counsel understand the parameters and reasons for a reasonable settlement; but that participation, while potentially valuable, will occur only if the parties desire it. The judge will not force settlement on an unwilling litigant.